

Enseñanza de habilidades de aprendizaje autónomo en el aula ELE

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Aprendizaje de idiomas...

¿De forma
autónoma?



A photograph of a runner in a maroon tank top and blue shorts running away from the camera on a two-lane asphalt road. The scene is set at sunset or sunrise, with a warm, orange glow in the sky. A utility pole with power lines is visible on the right side of the road. The road has two yellow lines in the center. The background shows a flat landscape with some greenery.

**Aprender a
aprender**

Ajustar

Evaluar

Experimentar

Adaptar

Explorar **CÓMO** aprender

Decidir **QUÉ** aprender

Proceso de aprendizaje por "iteraciones"

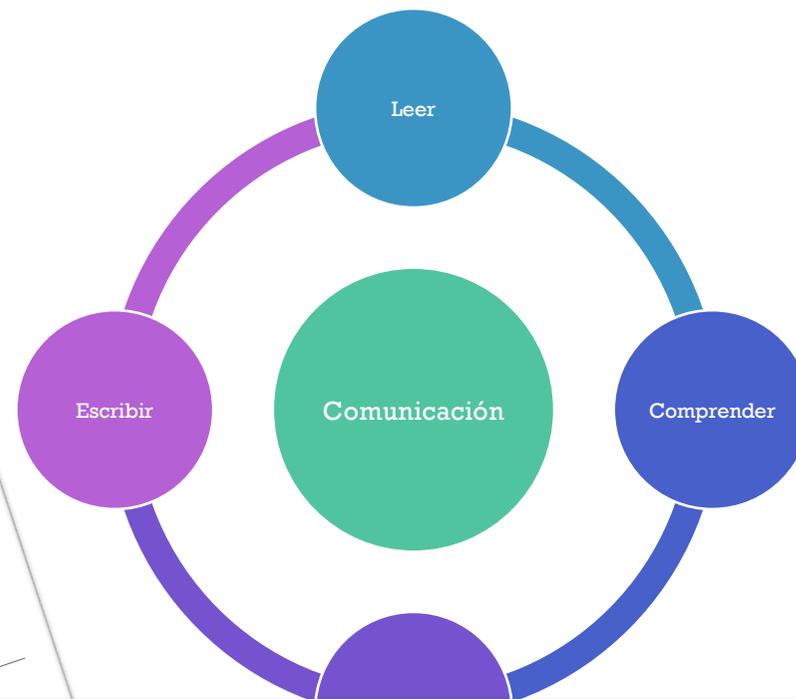
Ciclo de iteraciones aplicado al aprendizaje de idiomas



The background features several sets of concentric, curved lines in light gray, some solid and some dashed, creating a sense of depth and movement. A prominent red callout box is centered on the page, containing the main title and subtitle.

Acompañamiento

Primer ciclo



"Self-Study Chinese toolbox" Workshop
 Week #1 "Define your study goals"

My current level is: _____ (number) of words in
 I have already reached unit _____ of my study book
 I estimate the above is equivalent to _____ (A) _____ hours of effects

My target level is: _____ by the
 _____ (month) of _____ (year).

My long-term goal (1 to 2 years) is to reach level _____ (your dream or)
 _____ (month) of _____ (year).
 At this level of Chinese I will be able to: _____ number of words. By then, I will
 Which will be reflected in _____ number of words. By then, I will
 studying unit _____ of my study book.
 To reach this goal I am required to invest _____ (B) _____ hours of
 Taking this into account, I need to accumulate an extra of _____

My mid-term goal (next 3 to 6 months) is to reach level _____
 of _____ (month) of _____ (year).
 Which means _____ number of words.
 I will have already finish studying unit _____ on my study book

My short-time goal (this month) is reach level _____ by
 _____ (month) of _____ (year).
 Which means _____ number of words.
 I will have already finish studying unit _____ on my study book

GENERAL GOAL	LONG TERM GOAL	MID TERM GOAL	SHORT TERM GOAL
	Duration: Ex. 12 months Date: March 1st, 2024 Level: complete HSK 4 Words: 1 200 new words	Duration: Ex. 6 months Date: September 1st, 2023 Level: half HSK 4 Words: 600 new words	Duration: Ex. 1 month Date: April 1st, 2023 Level: Review HSK 3 Words: 50 new words
		METHOD I would achieve my goal by doing: _____ Using this material: _____ For _____(H)_____ hours a week, _____(H)_____ days in a week	INDICATOR I will know I am progressing because: _____

时间 Time	周一 Monday	周二 Tuesday	周三 Wednesday	周四 Thursday	周五 Friday	周六 Saturday	周日 Sunday
9:00 am	Listen to the news and read the transcript 10 min.	Listen to the news and read the transcript 10 min.	Listen to the news and read the transcript 10 min.	Listen to the news and read the transcript 10 min.	Listen to the news and read the transcript 10 min.	Read at loud 10 min.	Read at loud 10 min
12:00 pm	Review HSK vocab. Using PLECO 15 min	Review HSK vocab. Using PLECO 15 min	Review HSK vocab. Using PLECO 15 min				
8:00 pm	Read a text and write a summary 20 min	Read at loud 10 min.	Read a text and write a summary 20 min	Read at loud 10 min.	Read a text and write a summary 20 min	Read at loud 10 min.	Read at loud 10 min Evaluate progress

迭代周期阶段

Fases del ciclo

1. Objetivos: MCER
2. Indagar
3. Seleccionar materiales
4. Hacer un plan y una agenda
5. Ejecutar el plan
6. Evaluar el plan: proceso y resultado
7. Ajustar
8. Realizar una nueva iteración

扫描和填空

Escanea
y
completa



*3.你近期目标 tu meta a corto plazo

请输入

- ✓ 4 semanas
- ✓ Vocabulario
- ✓ Temas o capítulos

*4.练习听力与口语材料material para practicar comprensión auditiva y pronunciación

请输入

*5.练习阅读与写作材料material para practicar lectura y escritura

请输入

- ✓ Material: Libro, app, sitio web, curso, etc.
- ✓ Habilidad a practicar
- ✓ Técnica de uso

***6.你如何安排你的每周学习计划表? ¿Cómo será tu plan de aprendizaje por semana?**

- ✓ Habilidad, método, indicador
- ✓ Día de la semana, hora, duración

有问题吗？

¿Preguntas?

¿Comentarios?

保持联系吧！

¡Estemos en
contacto!

